

The *Intentionally Awesome* Date Night Workbook

Grow Together

Ask each other the following questions and listen closely to the responses:

- What have you been learning lately?
- What are the victories you're celebrating right now?
- Where have you been struggling lately?
- How can I pray for you and best support you in this season?

Now set a timer for five minutes and each of you write down five things you appreciate about your spouse. When the timer is up, take turns affirming each other by reading the list out loud.



Dream Together

Think about what life will look like when all the kids are grown and out of the house. What do you look forward to the most? What do you fear? Where will you want to be? What will you want to do? *Dream big.* (Jot some notes here, but remember this is a conversation.)



If money were not a factor, how would you want to spend your time right now? What excites you and gives you a sense of purpose? Write down your passions. Again, *dream big.*



Talk about about the challenges and limitations that might hinder you from making these dreams a reality. Make a list of them, no matter how big or how small.

Look at the list of obstacles between you and your dreams as a couple. See any themes? Now **brainstorm creative solutions** to the challenges you face. Get crazy. *Think outside the box together.* Write down every idea as it comes to you.

Now **circle three ideas** that the two of you could realistically begin to work on this year.

Out of those three, **pick one and write down an action step for this week:**

When your date is over, post what you've written on your bathroom mirror for motivation. Build toward a shared dream. It'll keep your marriage moving in the right direction!