The
Intentionally Awesome
Date Night Workbook

Personality

Each of us is wired in a unique way. When our own unique set of traits and quirks meets up with someone else's unique set of traits and quirks, we find varying degrees of compatibility or friction. This is no less true in marriage.

Discovering your unique personality type can go a long way toward helping you understand yourself—and your spouse—better. With better understanding, we become more patient with one another, and better prepared to work through differences when conflict arises.

For this date, you have some homework to do. :)

Instructions

Before the date:
- Each of you--on your own--go to this address and take the free 64-question test:
  - **http://www.humanmetrics.com/cgi-win/jtypes2.asp**
- Print out the results. (Make sure to copy the description, plus the learning style, and communication skills found in the tabs on the right hand side of the page.)
- Bring these print-outs to the date.

On the date:
- Trade papers and read over your spouse's results.
- Answer the questions on the following page, working through all of them for one person before switching to the other person.

Looking at your own results, tell your spouse the answers to these questions:

- What do you think describes you to a T?
- Is there something in the description that you feel doesn't describe you?
- What did you learn about yourself? Did you have an AHA! moment?
- How does knowing this information help you in the future?

Now ask your spouse:

- What do *you* think describes me to a T?
- How do you understand me better than before? Is there anything that surprised you?
- What strengths do you see in me after reading this?
- Where do you see that my personality type is vulnerable?
- How does knowing these things help our relationship in the future?

Once you have both finished working through the questions, **pray together** and each of you **take a turn thanking God for the uniquely beautiful way He designed your spouse**.

Tell your spouse **one way he/she blesses you daily**.

End the date with a 15-second kiss!